

NUTRITIONAL FACTS: BANH MI COSTCO (560420)

Nutrition Facts

6 servings per container  
Serving size  
1 Sandwich (167g)

Calories per serving  
**400**

| Amount/serving   | % Daily Value* | Amount/serving           | % Daily Value* |
|------------------|----------------|--------------------------|----------------|
| Total Fat 17g    | 22%            | Total Carbohydrate 42g   | 15%            |
| Saturated Fat 6g | 30%            | Dietary Fiber 2g         | 7%             |
| Trans Fat 0g     |                | Total Sugars 7g          |                |
| Cholesterol 40mg | 13%            | Includes 3g Added Sugars | 6%             |
| Sodium 1080mg    | 47%            | Protein 18g              |                |

Vitamin D 0mcg 0% • Calcium 80mg 6% • Iron 2.1mg 10%  
Potassium 110mg 2%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENT STATEMENT:

**DELI ROLL** ([ENRICHED WHEAT FLOUR {WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID}, MALTED BARLEY FLOUR], WATER, PALM OIL, SUGAR, EGGS [WHOLE EGGS, NISIN PREPARATION {AS A PRESERVATIVE}], NONFAT DRY MILK, VITAL WHEAT GLUTEN, DOUGH CONDITIONER [ENRICHED WHEAT FLOUR {FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID}, DATEM, CANOLA OIL, DEXTROSE, ASCORBIC ACID, L-CYSTEINE, ENZYME], SALT, YEAST, XANTHAN GUM, CALCIUM PROPIONATE [A MOLD INHIBITOR]), **PORK** ([PORK, PORK BROTH, BAHN MI SEASONING (DEHYDRATED ONION, SALT, MONOSODIUM GLUTAMATE, SPICE, PALM KERNEL OIL), LESS THAN 2% SEA SALT, VINEGAR, NATURAL FLAVORS]), **PICKLED VEGETABLES** ([ONIONS, CARROTS, DIAKON RADISH, RED BELL PEPPERS, JALAPENO PEPPERS, WATER, SUGAR, DISTILLED VINEGAR, RICE VINEGAR, WHITE WINE VINEGAR, SALT, SODIUM BENZOATE (PRESERVATIVE), AND SODIUM BISULFITE (PRESERVATIVE)].)

**ALLERGENS: WHEAT, EGG, MILK**