

Nutrition Facts

4 servings per container

Serving size 1 Sandwich (68g)

Amount per serving

Calories 190

% Daily Value*

Total Fat 10g **13%**

Saturated Fat 4g **20%**

Trans Fat 0g

Cholesterol 25mg **8%**

Sodium 430mg **19%**

Total Carbohydrate 17g **6%**

Dietary Fiber 1g **4%**

Total Sugars 2g

Includes 1g Added Sugars **2%**

Protein 9g

Vitamin D 0.1mcg 0%

Calcium 80mg 6%

Iron 1.2mg 6%

Potassium 80mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.